

CHECK LIST FOR MY GASTROSCOPY

NUMBER	AREA TO ORGANISE	TICK WHEN DONE
1	Read Gastroscopy leaflet.	
2	Call ward if you are diabetic, have a pacemaker, haemophiliac or on a blood thinner.	
3	If you are having sedation arrange for the day after off work.	
4	If you are on an acid suppressing tablet for your stomach stop one week before.	
5	Prepare a list of your medications and when you take them to bring with you to hospital.	
6	You will need to bring someone with you if you wish to have sedation, as you will not be able to drive for 24 hours.	
7	Inform any accompanying friend or relative that you could be in hospital up to four hours. MAKE SURE YOU HAVE THEIR CONTACT DETAILS.	
8	Nothing to eat or drink for 6 hours before the procedure.	
9	Bring your asthma/angina sprays with you.	
10	Do not bring any money or valuables.	