

1. Executive Summary.

Purpose:

- To inform the Board of Directors on the hospitals developments against national requirements for staffing data reporting as outlined in The National Quality Boards (NQB), NHS Improvement (NHSI), NICE guidelines and RCN standards on safe staffing levels.
- 2. To bring to the attention of the Board of Directors any workforce issues / areas of concern.
- 3. To seek Board of Directors approval of the hospitals nursing establishment.

The report makes the following assertions:

- 1. The Board are responsible for workforce planning, practice, and safeguards. The Board should ensure there is sufficient and sustainable staffing capacity and capability to provide safe and effective care to patients at all times.
- Safe staffing is a fundamental part of good quality care and the CQC will, therefore, always include a focus on staffing in the inspection frameworks for Spencer Private Hospitals (SPH) as a healthcare provider.
- It is critical that the Board reviews workforce metrics, indicators of quality and outcomes and measures of productivity on a quarterly basis. Monthly reporting is submitted to the Senior Management Team (SMT) and Executive Team (ET) for continual oversight.
- 4. The Board should use this report to support their judgements and decisions about safe staffing at SPH Margate.

2. Safe Staffing Background

This review observes the recommendations set out by the National Quality Board (NQB) guidance published in July 2016 "Supporting NHS providers to deliver the right staff, with the right skills, in the right place at the right time: Safe, sustainable and productive staffing" and the NQB's subsequent guidance 'Safe



sustainable and productive staffing: An improvement resource for adult inpatient wards in acute hospitals' in December 2016, the NHS Improvements (NHSI) Developing Workforce Safeguards - Supporting providers to deliver high quality care through safe and effective staffing, published in 2018, NHSI development review of leadership and governance using the Well Led Framework: guidance for NHS trusts and NHS foundation trusts published in 2017.

In addition to these recommendations in May 2021 the RCN published the RCNs *Nursing Workforce Standards* which have been developed by the RCNs Professional Nursing Committee to tackle the nursing shortages across the UK. These standards enforce the NQB and NHSI focus on having the right number of nursing staff, with the right skills, in the right place, at the right time to improve health outcomes, the quality of care and patient safety

Principles of Safe Staffing



The safe staffing improvement resources highlighted provide a set of expectations for nursing care staffing to help SPH make decisions that will support the delivery of high-quality care for patients within the available staffing resource. The resources set out the key principles that the SPH SMT use to measure and improve their use of staffing



resources to ensure a safe, sustainable, and productive service, including the care hours per patient day (CHPPD) metric.

Expectation 1	Expectation 2	Expectation 3	
Right Staff 1.1 evidence-based workforce planning 1.2 professional judgement 1.3 compare staffing with peers	Right Skills 2.1 mandatory training development and education 2.2 working as a multiprofessional team 2.3 recruitment and retention	Right Place and Time 3.1 productive working and eliminating waste 3.2 efficient deployment and flexibility 3.3 efficient employment and minimising agency	

Implement Care Hours per Patient Day

Develop local quality dashboard for safe sustainable staffing

Measure and Improve

Patient outcomes, people productivity and financial sustainability Report investigate and act on incidents (including red flags) Patient, carer and staff feedback -

The NQB identified three expectations that form a 'triangulated' approach ('Right Staff, Right Skills, Right Place and Time') to staffing decisions; and offers guidance to SPH on using other measures of quality alongside CHPPD, to understand how staff capacity may affect the quality of care provided. Utilizing these resources assists SPH to ensure it has the right culture, leadership, and skills in place for safe, sustainable, and productive staffing whilst maintaining proactive, robust, and consistent approaches to measurement and continuous improvement to support safe, effective, caring, responsive and well-led care. Setting appropriate planned levels of staffing is, therefore, fundamental to ensure SPH reduces any potential risk of patient's not experiencing high quality nursing care. The NQB's resource has been used by SPH for the past six years alongside our CHPPD to demonstrate and understand the impact of our staffing decisions on the quality of care that patients are receiving in our ward area.



3. Workforce Review.

The past year has seen an increase in activity / occupancy along with providing clinical care for patients from a wider range of clinical specialities and increasing acuity due to NHSEs request to support NHS services within EKHUFT. This support has assisted EKHUFT to deliver the care required to the local population. Despite recruitment difficulties, SPH staff have risen to this challenge and have provided outstanding support and care. The staff have developed their clinical skills and adopted flexible approaches to their roles along with improving efficiencies. This in turn has maximised their impact on patients' lives by the care and support they have provided. Innovative ways of working have been introduced to achieve this, alongside new roles, and the development of existing ones. It has been a very challenging time, but one that has bought significant opportunities for SPH workforce development including the completion of trainee HCA positions and the exploration of Trainee Associate Nursing and Trainee OPD roles which aligns with the organisations Investors in People Accreditation. These opportunities aim to strengthen and develop the skills of the staff within the workforce.

A further review is being undertaken at the time of writing this report to review the workforce and the establishment, in particular the Registered Nursing establishment, to ensure the skill mix aligns with the organisation's 3-year strategy taking into account the national picture regarding the shortage of qualified nurses. The aim of the review is to ensure staffing capacity and capability are sustainable and sufficient to provide safe and effective care to patients, taking account of any variation in demand. It is anticipated that the review will minimise the need for expensive agency staff by effectively planning the workforce needed for service requirements. This aligns with the RCNs Workforce Standards as it is recognised that relying on agency staffing can impact on safe staffing and patient safety

In addition to Safe Staffing metrics, additional quality measures have continually been reviewed and monitored including Datix Incident Reporting, Harm Free Care statistics, Complaints, Patient Experience Surveys, and Friends and Family feedback. The



organisations quality assurance framework is currently under further review along with any staff and patient feedback relating to staffing and patient safety.

4. Current Position.

Spencer Private Hospitals (SPH) have a duty of care to ensure that all patients are cared for by appropriately qualified and experienced staff within a safe environment. To support this objective, the organisation continues to utilize its Nursing Dependency Analysis Tool to ensure safe staffing levels are maintained which is demonstrated by the hospital's quality metrics. This practice is reflected within the Care Quality Commissions (CQC's) six standards and well Led Framework applicable to all healthcare providers, and the National Quality Boards (NQB's) Nursing Workforce Program.

4.1. Spencer Staffing Data.

In 2022-23 SPH continued to publish Safe Staffing data internally from Ward to Board. The published data demonstrates levels of contracted staff, self-employed staff, agency usage and skill mix, and the number of Care Hours Per Patient Day (CHPPD). The information will be published on the organisation's web site.





	CHPPD	CHPPD Base	Sickness	Sickness base
Mar 23	5.50	5.00	0.00	3.00
Feb 23	4.30	5.00	2.00	3.00
Jan 23	5.50	5.00	2.00	3.00
Dec 22	6.47	5.00	3.80	3.00
Nov 22	6.47	5.00	0.00	3.00
Oct 22	5.35	5.00	3.47	3.00
Sep 22	4.10	5.00	2.50	3.00
Aug 22	4.80	5.00	1.50	3.00
Jul 22	4.56	5.00	7.00	3.00
Jun 22	4.30	5.00	3.70	3.00
May 22	5.90	5.00	5.50	3.00
Apr 22	5.98	5.00	6.70	3.00

4.2. Nursing Establishment V Current Establishment Fill Rate

CQC compliance requires minimum 2 x RN cover each shift. A clinical review was undertaken in August 2022. To achieve agreed staff dependency for current occupancy of 85 % per day (Early Shift = 5 staff, Late shift = 5 staff, Night shift = 3) staff establishment requirements are:

- 15.7 WTE Qualified RN / Associate Nurse
- 6.4 WTE/HCA

The above staffing level is based on current occupancy data supported by the organisations safe staffing dependency tool which is operation specific in line with best practice. As the hospital is multi- specialist, the staffing skill mix has a current ratio of **70 / 30 (RN / HCA).** The skill mix will strengthen in June 2024 with the recent recruitment of 2 Associate Nursing staff.

Current Nursing Establishment

Qualified Nursing Establishment 6.40 WTE

HCA Establishment 6.40 WTE

(It is noted that this is a reduction of 5 WTE contracted staff members from this time last year).



SPH has an Interim Head of Nursing and Quality (HoN) who is not generally included in the nurse staffing levels as they provide leadership, management, and support in addition to the staff who deliver patient care. However, during the past year, due to recruitment shortages, the HoN has, where required, undertaken clinical shifts. The HoN role now covers all three of the organisations sites which has reduced her presence on the Margate site to twice weekly.

The importance of this role being supernumerary to the agreed staffing levels was recommended by NICE and supported further by the RCN 2010 and the Francis Report when recognising the importance of *'Time to Lead'* which can be defined as any duty that contributes to the delivery of safety, effectiveness, and patient experience.

The organisation also has Physiotherapists and Physiotherapy assistants who are not included in the nursing staff numbers but are part of the organisations commitment to providing safe and effective patient centred care.

The current establishment supported by self-employed staff and agency staff has enabled the organisation to achieve the overall annual staffing objective of providing every patient over 5 hours of the nurse's daily hours spent on actual patient care per day. Self-employed status has however recently been removed which will impact on agency usage until recruitment improves.

In addition to the above-mentioned data each month 'Harm Free Care' statistics are published along with 'Never Event' data. Monthly Health and Safety and Complaints reports are also provided to all staff and the Board of Directors; lessons learnt are shared with all concerned.



5. Summary.

In line with the NQBs resource and other available resources, SPH continued to utilize its Nursing Dependency Tool in 2022-23 to ensure it met with the organisations clinical ward requirements.

Recruitment of qualified clinical ward staff has been difficult over the past year. Ward occupancy and higher patient acuity, along with staffing shortages have affected the level of agency required. Occupancy has increased from 76.5% in 2021-22 to 85.4% in 2022-23.

A workforce pay review was recently commenced, which at the time of writing this report, remains ongoing. It is anticipated the pay review will improve nursing vacancy rates. Our clinical workforce has been continually reviewed during the year to improve efficiencies and to ensure agency staff in the ward area are only used where clinically indicated. Agency lines of work have been utilized to support safe staffing and increase the ability to provide consistent care and quality outcomes for our patients.

Staff clinical training programs have also been reviewed and the Relias training system has worked very well to ensure all our staff maintain the appropriate skills to continue to deliver Safe, Effective, Caring, Responsive and Well Led care in line with CQC and NQB expectations. The senior nursing staff are additionally being included in a management training program developed by the HR team. HR are currently exploring potential new training systems for 2023-24.

No Red Flag events were reported relating to safe staffing levels during 2022-23.

SPH Patient Satisfaction results, clinical outcomes, low infection rates and clinical incident statistics, ISO and CQC audit and inspection results supports the organisations' view that SPH Margate has a clear vision in relation to safe staffing and is maintaining and continuing to achieve company objectives within the organisations strategic 3-year plan.



6. Conclusion and Recommendations.

- The priority in 2023-24 is the recruitment of RNs and associated clinical staff members to ensure we provide safe, sustainable, and productive staffing. This will enable the organisation to reduce its dependency on agency staffing which is not an option we wish to continue.
- 2. There will be a focus on increasing internal training to maintain our continuity.
- 3. It is vital that significant improvements and investments are made to the organisations IT infrastructure to support clinical care and governance processes.

The Board of Directors are asked to receive this paper for information and assurance of the Safe Staffing System in operation.

Lynn Orrin Hospital Director. 26th April 2023